

Championnat Suisse des Clubs - Ligue nationale B  
Neuchâtel, 20. - 21.3.2010

Epreuve 12 Messieurs, 400m Libre Cat. générale  
20.03.2010 Liste résultats

Swiss National Records 3:39.86 Meichtry Dominik SCUW Berlin (GER) 14.11.2009  
Swiss Team Championships Records 3:50.91 Strasser Gerry SUI Neuchatel 30.11.2002

Points: FINA 2009

Rang			AN						Temps	Pts		
1.	Bonfils Loïc		91		Renens-Natation				<b>4:03.97</b>	695		
	50m:	27.56	27.56	150m:	1:29.09	31.09	250m:	2:31.54	31.20	350m:	3:33.82	31.29
	100m:	58.00	30.44	200m:	2:00.34	31.25	300m:	3:02.53	30.99	400m:	4:03.97	30.15
2.	Pearce Edward		92		Vevey-Natation				<b>4:12.74</b>	625		
	50m:	28.51	28.51	150m:	1:31.78	32.20	250m:	2:36.63	32.53	350m:	3:41.78	32.41
	100m:	59.58	31.07	200m:	2:04.10	32.32	300m:	3:09.37	32.74	400m:	4:12.74	30.96
3.	Fregosi Luca		93		A-Club Swimming Team Savosa				<b>4:16.58</b>	598		
	50m:	29.26	29.26	150m:	1:33.71	32.50	250m:	2:38.98	32.71	350m:	3:44.82	32.91
	100m:	1:01.21	31.95	200m:	2:06.27	32.56	300m:	3:11.91	32.93	400m:	4:16.58	31.76
4.	Niederhauser Sandro		92		Schwimmclub Uster Wallisellen				<b>4:22.92</b>	555		
	50m:	30.39	30.39	150m:	1:37.30	33.82	250m:	2:45.58	34.20	350m:	3:52.23	32.91
	100m:	1:03.48	33.09	200m:	2:11.38	34.08	300m:	3:19.32	33.74	400m:	4:22.92	30.69
5.	Portmann Kevin		94		Schwimmverein Baar				<b>4:24.66</b>	544		
	50m:	29.66	29.66	150m:	1:35.45	33.15	250m:	2:43.11	34.01	350m:	3:51.74	34.22
	100m:	1:02.30	32.64	200m:	2:09.10	33.65	300m:	3:17.52	34.41	400m:	4:24.66	32.92
6.	Hofer Dominik		94		Schwimmklub Langenthal				<b>4:31.10</b>	507		
	50m:	30.27	30.27	150m:	1:39.33	34.86	250m:	2:48.91	34.62	350m:	3:57.51	33.73
	100m:	1:04.47	34.20	200m:	2:14.29	34.96	300m:	3:23.78	34.87	400m:	4:31.10	33.59
7.	Buoso Anthony		93		Red-Fish Neuchâtel				<b>4:40.40</b>	458		
	50m:	29.48	29.48	150m:	1:37.58	34.64	250m:	2:50.02	36.62	350m:	4:04.75	37.60
	100m:	1:02.94	33.46	200m:	2:13.40	35.82	300m:	3:27.15	37.13	400m:	4:40.40	35.65
8.	Genre Loris		94		Lausanne Natation				<b>4:41.41</b>	453		
	50m:	30.61	30.61	150m:	1:41.77	36.12	250m:	2:54.42	36.87	350m:	4:07.92	36.31
	100m:	1:05.65	35.04	200m:	2:17.55	35.78	300m:	3:31.61	37.19	400m:	4:41.41	33.49
9.	Oehen Thomas		94		Schwimmverein Emmen				<b>4:41.91</b>	450		
	50m:	30.42	30.42	150m:	1:40.77	35.71	250m:	2:53.68	36.62	350m:	4:06.55	36.34
	100m:	1:05.06	34.64	200m:	2:17.06	36.29	300m:	3:30.21	36.53	400m:	4:41.91	35.36
10.	Hristov Liliyan		96		Schwimmverein beider Basel				<b>4:48.83</b>	419		
	50m:	31.52	31.52	150m:	1:42.26	35.79	250m:	2:56.99	37.53	350m:	4:12.41	37.86
	100m:	1:06.47	34.95	200m:	2:19.46	37.20	300m:	3:34.55	37.56	400m:	4:48.83	36.42
11.	Dumolard Simon		96		Fribourg-Natation				<b>5:03.34</b>	362		
	50m:	33.05	33.05	150m:	1:49.95	38.58	250m:	3:08.27	39.03	350m:	4:26.27	39.02
	100m:	1:11.37	38.32	200m:	2:29.24	39.29	300m:	3:47.25	38.98	400m:	5:03.34	37.07
12.	Schwager Dominik		83		Montreux-Natation				<b>5:18.79</b>	312		
	50m:	33.69	33.69	150m:	1:52.55	40.49	250m:	3:15.40	42.14	350m:	4:38.43	40.89
	100m:	1:12.06	38.37	200m:	2:33.26	40.71	300m:	3:57.54	42.14	400m:	5:18.79	40.36