

CHAMPIONNAT SUISSE «GRAND BASSIN»
Jeudi 11 mars au dimanche 14 mars 2010

Epreuve 2
11.3.2010 - 9:55

Dames, 400m Libre

Cat. générale
Liste résultats Eliminatoire

Record Suisse	4:09.29	Rigamonti Flavia	AST	Austin (USA)	6.6.2008
Meil.perf. championnat	4:11.56	Rigamonti Flavia	AST	Geneve	3.4.2008
Champion Suisse	4:17.44	Oberson Swann	NSG	Zürich	19.3.2009

Limite : 4:49.23 / EM Qualifikationszeiten : 4:16.97 / JEM Damen 15: 4:28.67; 16: 4:26.06 / COMEN Cup Damen 13: 4:42.39; 14: 4:39.68

Points: FINA 2010

Rang				Jg.				RT	Zeit	Pts		
1.	Matthey Iris			1988 Lancy Natation			+0.85	4:26.07	726	A		
	50m:	30.41	30.41	150m:	1:36.81	33.26	250m:	2:44.24	33.51	350m:	3:52.00	33.80
	100m:	1:03.55	33.14	200m:	2:10.73	33.92	300m:	3:18.20	33.96	400m:	4:26.07	34.07
2.	Oestringer Cherelle			1991 ST Biel-Bienne			+0.92	4:27.52	714	A		
	50m:	30.18	30.18	150m:	1:36.62	33.52	250m:	2:44.75	34.18	350m:	3:53.97	34.58
	100m:	1:03.10	32.92	200m:	2:10.57	33.95	300m:	3:19.39	34.64	400m:	4:27.52	33.55
3.	Toutain Pauline			1993 Renens-Natation			+0.81	4:32.99	672	A		
	50m:	31.33	31.33	150m:	1:39.78	34.46	250m:	2:49.19	34.83	350m:	3:58.97	35.19
	100m:	1:05.32	33.99	200m:	2:14.36	34.58	300m:	3:23.78	34.59	400m:	4:32.99	34.02
4.	van Westendorp Annick			1993 SC Winterthur			+0.88	4:35.73	652	A		
	50m:	30.62	30.62	150m:	1:41.31	35.90	250m:	2:51.26	34.32	350m:	4:01.48	34.69
	100m:	1:05.41	34.79	200m:	2:16.94	35.63	300m:	3:26.79	35.53	400m:	4:35.73	34.25
5.	Fontaine Adelle			1993 Natation Sportive Genève			+0.89	4:37.57	639	A		
	50m:	30.82	30.82	150m:	1:39.93	35.25	250m:	2:51.23	35.57	350m:	4:02.86	35.97
	100m:	1:04.68	33.86	200m:	2:15.66	35.73	300m:	3:26.89	35.66	400m:	4:37.57	34.71
6.	Mattmann Yvonne			1992 ST Biel-Bienne			+0.82	4:38.19	635	A		
	50m:	30.58	30.58	150m:	1:38.13	33.89	250m:	2:50.08	36.14	350m:	4:03.81	36.38
	100m:	1:04.24	33.66	200m:	2:13.94	35.81	300m:	3:27.43	37.35	400m:	4:38.19	34.38
7.	Graf Martina			1990 Schwimmclub Birsfelden			+0.83	4:38.23	635	A		
	50m:	30.45	30.45	150m:	1:39.00	34.67	250m:	2:50.29	35.95	350m:	4:03.20	36.47
	100m:	1:04.33	33.88	200m:	2:14.34	35.34	300m:	3:26.73	36.44	400m:	4:38.23	35.03
8.	Stamm Lisa			1992 SC Schaffhausen			+0.82	4:39.43	626	A		
	50m:	32.34	32.34	150m:	1:43.11	35.55	250m:	2:55.07	35.86	350m:	4:05.66	34.81
	100m:	1:07.56	35.22	200m:	2:19.21	36.10	300m:	3:30.85	35.78	400m:	4:39.43	33.77
9.	Hehlen Elodie			1996 CN La Chaux-de-Fonds			+0.80	4:39.59	625	B COM		
	50m:	31.18	31.18	150m:	1:40.26	35.25	250m:	2:52.05	36.09	350m:	4:04.48	36.24
	100m:	1:05.01	33.83	200m:	2:15.96	35.70	300m:	3:28.24	36.19	400m:	4:39.59	35.11
	Coda Claudia			1995 A CLUB Savosa			+0.89	4:39.59	625	B		
	50m:	32.04	32.04	150m:	1:41.80	35.36	250m:	2:53.56	35.91	350m:	4:05.18	35.72
	100m:	1:06.44	34.40	200m:	2:17.65	35.85	300m:	3:29.46	35.90	400m:	4:39.59	34.41
11.	Scheurmeister Andrea			1991 SK Bern			+0.83	4:40.14	622	B		
	50m:	31.98	31.98	150m:	1:41.55	34.85	250m:	2:52.50	35.18	350m:	4:04.85	35.98
	100m:	1:06.70	34.72	200m:	2:17.32	35.77	300m:	3:28.87	36.37	400m:	4:40.14	35.29
12.	Auer Sophia			1991 SV Baar			+0.91	4:40.62	618	B		
	50m:	31.60	31.60	150m:	1:42.65	35.96	250m:	2:54.84	36.05	350m:	4:06.11	35.73
	100m:	1:06.69	35.09	200m:	2:18.79	36.14	300m:	3:30.38	35.54	400m:	4:40.62	34.51
13.	Sims Micah			1992 SC Uster Wallisellen			+0.82	4:40.93	616	B		
	50m:	31.03	31.03	150m:	1:40.87	35.54	250m:	2:52.29	35.74	350m:	4:04.68	36.15
	100m:	1:05.33	34.30	200m:	2:16.55	35.68	300m:	3:28.53	36.24	400m:	4:40.93	36.25
14.	Wüthrich Rachel			1995 Schwimmklub Worb			+0.82	4:40.96	616	B		
	50m:	31.48	31.48	150m:	1:41.77	35.40	250m:	2:53.73	35.62	350m:	4:06.10	35.87
	100m:	1:06.37	34.89	200m:	2:18.11	36.34	300m:	3:30.23	36.50	400m:	4:40.96	34.86
15.	Häringer Laura Vanja			1993 Limmat Sharks Zürich			+0.88	4:41.11	615	B		
	50m:	31.55	31.55	150m:	1:41.97	35.84	250m:	2:53.66	35.91	350m:	4:05.85	36.32
	100m:	1:06.13	34.58	200m:	2:17.75	35.78	300m:	3:29.53	35.87	400m:	4:41.11	35.26
16.	Bärenfaller Jutta			1994 SK Bern			+0.81	4:42.64	605	B		
	50m:	32.28	32.28	150m:	1:43.67	36.23	250m:	2:56.41	36.57	350m:	4:08.37	35.40
	100m:	1:07.44	35.16	200m:	2:19.84	36.17	300m:	3:32.97	36.56	400m:	4:42.64	34.27

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Rang				Jg.					RT	Zeit	Pts	
17.	Airaghi Maria			1994	Società Nuoto Bellinzona				+0.99	4:44.82	591	R
	50m:	31.74	31.74	150m:	1:42.95	36.22	250m:	2:56.41	36.74	350m:	4:10.60	37.03
	100m:	1:06.73	34.99	200m:	2:19.67	36.72	300m:	3:33.57	37.16	400m:	4:44.82	34.22
18.	Della Bruna Alice			1995	Società Nuoto Bellinzona				+0.82	4:45.69	586	R
	50m:	32.10	32.10	150m:	1:43.96	36.75	250m:	2:57.11	36.78	350m:	4:10.42	36.90
	100m:	1:07.21	35.11	200m:	2:20.33	36.37	300m:	3:33.52	36.41	400m:	4:45.69	35.27
19.	Bänziger Jennifer			1993	SC Uster Wallisellen				+0.83	4:45.91	585	
	50m:	31.99	31.99	150m:	1:43.89	36.32	250m:	2:56.62	36.23	350m:	4:10.05	36.72
	100m:	1:07.57	35.58	200m:	2:20.39	36.50	300m:	3:33.33	36.71	400m:	4:45.91	35.86
20.	Würsten Solange			1992	ST Biel-Bienne				+0.87	4:47.30	576	
	50m:	30.85	30.85	150m:	1:43.00	36.90	250m:	2:56.81	36.96	350m:	4:11.37	37.24
	100m:	1:06.10	35.25	200m:	2:19.85	36.85	300m:	3:34.13	37.32	400m:	4:47.30	35.93
21.	Perrenoud Audrène			1996	CN La Chaux-de-Fonds				+0.76	4:47.46	575	
	50m:	33.60	33.60	150m:	1:46.47	36.98	250m:	2:59.46	36.57	350m:	4:12.35	36.26
	100m:	1:09.49	35.89	200m:	2:22.89	36.42	300m:	3:36.09	36.63	400m:	4:47.46	35.11
22.	Schädler Jenny			1993	Schwimmclub Chur				+0.81	4:47.69	574	
	50m:	31.01	31.01	150m:	1:42.29	36.21	250m:	2:57.55	37.43	350m:	4:11.77	36.22
	100m:	1:06.08	35.07	200m:	2:20.12	37.83	300m:	3:35.55	38.00	400m:	4:47.69	35.92
23.	Gigon Meryl			1995	CN Plan-les-Ouates				+0.98	4:47.78	573	
	50m:	32.57	32.57	150m:	1:45.65	36.68	250m:	2:59.53	36.61	350m:	4:12.09	36.74
	100m:	1:08.97	36.40	200m:	2:22.92	37.27	300m:	3:35.35	35.82	400m:	4:47.78	35.69
24.	Mossi Lara			1995	Mendrisiotto Nuoto				+0.90	4:48.06	572	
	50m:	31.74	31.74	150m:	1:43.10	36.42	250m:	2:57.48	37.07	350m:	4:12.24	36.95
	100m:	1:06.68	34.94	200m:	2:20.41	37.31	300m:	3:35.29	37.81	400m:	4:48.06	35.82
25.	Heri Laura			1993	Schwimmclub Aarefisch				+0.87	4:48.35	570	
	50m:	32.56	32.56	150m:	1:43.80	36.48	250m:	2:57.27	36.90	350m:	4:12.07	37.29
	100m:	1:07.32	34.76	200m:	2:20.37	36.57	300m:	3:34.78	37.51	400m:	4:48.35	36.28
26.	Bärenfaller Julia			1994	SK Bern				+0.82	4:49.75	562	*
	50m:	32.14	32.14	150m:	1:43.83	36.72	250m:	2:57.90	37.51	350m:	4:13.21	37.90
	100m:	1:07.11	34.97	200m:	2:20.39	36.56	300m:	3:35.31	37.41	400m:	4:49.75	36.54
27.	Deix Tamara			1991	SV Baar				+0.90	4:50.31	559	*
	50m:	32.22	32.22	150m:	1:45.15	36.64	250m:	2:59.44	36.99	350m:	4:13.70	36.99
	100m:	1:08.51	36.29	200m:	2:22.45	37.30	300m:	3:36.71	37.27	400m:	4:50.31	36.61
28.	Gaffuri Sara			1990	Mendrisiotto Nuoto				+0.95	4:51.23	553	*
	50m:	32.56	32.56	150m:	1:45.42	37.07	250m:	2:59.66	37.00	350m:	4:14.53	37.46
	100m:	1:08.35	35.79	200m:	2:22.66	37.24	300m:	3:37.07	37.41	400m:	4:51.23	36.70
29.	Graf Melanie			1994	Gaiser Schwimmclub				+0.96	4:52.77	545	*
	50m:	32.24	32.24	150m:	1:44.60	36.70	250m:	2:59.85	37.88	350m:	4:15.75	37.85
	100m:	1:07.90	35.66	200m:	2:21.97	37.37	300m:	3:37.90	38.05	400m:	4:52.77	37.02
30.	Webber Ilona			1994	SC Uster Wallisellen				+0.88	4:54.39	536	*
	50m:	33.87	33.87	150m:	1:46.70	36.99	250m:	3:01.42	37.67	350m:	4:17.25	38.19
	100m:	1:09.71	35.84	200m:	2:23.75	37.05	300m:	3:39.06	37.64	400m:	4:54.39	37.14
31.	Boric Ivana			1993	Società Nuoto Bellinzona				+0.87	4:54.50	535	*
	50m:	33.23	33.23	150m:	1:47.50	37.27	250m:	3:02.08	37.06	350m:	4:17.82	37.89
	100m:	1:10.23	37.00	200m:	2:25.02	37.52	300m:	3:39.93	37.85	400m:	4:54.50	36.68
32.	Litwan Kathrin			1989	SV Baar				+0.90	4:54.81	533	*
	50m:	34.73	34.73	150m:	1:49.15	37.21	250m:	3:04.08	37.69	350m:	4:19.45	37.56
	100m:	1:11.94	37.21	200m:	2:26.39	37.24	300m:	3:41.89	37.81	400m:	4:54.81	35.36
33.	Dorthe Yoëlle			1991	Nuoto Sport Locarno				+0.90	4:56.54	524	**
	50m:	32.50	32.50	150m:	1:44.91	36.87	250m:	3:00.23	38.02	350m:	4:17.89	39.33
	100m:	1:08.04	35.54	200m:	2:22.21	37.30	300m:	3:38.56	38.33	400m:	4:56.54	38.65
34.	Cerotti Candice			1994	Lancy Natation				+0.78	4:57.20	521	**
	50m:	32.92	32.92	150m:	1:46.80	37.66	250m:	3:03.57	38.43	350m:	4:20.52	38.29
	100m:	1:09.14	36.22	200m:	2:25.14	38.34	300m:	3:42.23	38.66	400m:	4:57.20	36.68

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Rang					Jg.					RT	Zeit	Pts	
35.	Schwermann Fabienne				1995	Schwimmclub Aarefisch				+0.89	4:57.93	517	**
	50m:	31.88	31.88	150m:	1:46.44	37.87	250m:	3:02.87	38.22	350m:	4:20.07	39.03	
	100m:	1:08.57	36.69	200m:	2:24.65	38.21	300m:	3:41.04	38.17	400m:	4:57.93	37.86	
36.	Steenbergen Michanne				1992	Schwimmverein Emmen				+0.84	4:58.91	512	**
	50m:	33.97	33.97	150m:	1:49.00	38.27	250m:	3:05.14	38.11	350m:	4:21.97	38.54	
	100m:	1:10.73	36.76	200m:	2:27.03	38.03	300m:	3:43.43	38.29	400m:	4:58.91	36.94	
37.	Buoso Sherra				1990	Red Fish Neuchatel				+0.88	5:00.98	501	**
	50m:	32.60	32.60	150m:	1:47.04	37.91	250m:	3:04.26	38.68	350m:	4:22.73	39.19	
	100m:	1:09.13	36.53	200m:	2:25.58	38.54	300m:	3:43.54	39.28	400m:	5:00.98	38.25	
38.	Molinari Alessandra				1996	Nuoto Sport Locarno				+0.80	5:01.70	498	***
	50m:	32.69	32.69	150m:	1:46.90	37.73	250m:	3:04.66	39.64	350m:	4:23.64	38.90	
	100m:	1:09.17	36.48	200m:	2:25.02	38.12	300m:	3:44.74	40.08	400m:	5:01.70	38.06	
39.	Baumann Stephanie				1991	SC Winterthur				+0.86	5:46.35	329	***
	50m:	37.77	37.77	150m:	2:04.77	44.03	250m:	3:33.36	44.93	350m:	5:04.94	45.89	
	100m:	1:20.74	42.97	200m:	2:48.43	43.66	300m:	4:19.05	45.69	400m:	5:46.35	41.41	
40.	Cavin Chantal				1978	Schwimmklub Worb				+0.94	6:00.64	291	***
	50m:	39.88	39.88	150m:	2:10.84	45.73	250m:	3:44.27	46.90	350m:	5:17.91	46.59	
	100m:	1:25.11	45.23	200m:	2:57.37	46.53	300m:	4:31.32	47.05	400m:	6:00.64	42.73	